

Awakening Heart

COMMUNITY OF MINDFUL LIVING

+ September 2009 +

SUNDAYS 5:30 PM - 7:30 PM
@ UNITY CHURCH OF DALLAS

September 6: * special event *

We will join the "UNITY DAY" event at 5:00-8:00 pm. For those who want to meditate instead, there will be a shorter small group meditation instead, at 5:30-6:30 pm in a small room.

September 13: * guest presenter *

Priyanka Malhotra from the Art of Living, founded by Sri Sri Ravi Shankar, will present Sudarshan Kriya yogic meditation, a powerful tool of transformation.

September 20: * members facilitating *

* September 27: * **Brother ChiSing** speaking *
+ Potluck Dinner @ 7:30 pm

TUESDAYS 7:00 PM - 9:00 PM
@ UNITY CHURCH IN GRAPEVINE

Sept. 1: * *Birthday Blessings*

Sept. 8: *The Art of Happiness (part 1)*

Sept. 15: *The Art of Happiness (part 2)*

Sept. 22: * *Autumn Equinox Celebration !!!*

Sept. 29: *The Art of Happiness (part 3)*

* **9-09-09 "AbunDance" Renewal Ritual !!!**

@ Unity Church of Dallas

Wed., Sept. 9, 7:09 pm - 9:09 pm

(see flyer on back)

Buy Brother ChiSing's new music CD –

**"AWAKENING HEART:
Music for Spiritual Living"**

\$15-\$25 (low income/students: \$5-\$15)

www.BrotherChiSing.com



THE ART OF MINDFUL LIVING

"Meditation * Enlightenment * Transformation"

A Special Day Retreat with Brother ChiSing
an ordained disciple of Zen Master THICH NHAT HANH

Saturday, September 26, 2009

9:00 am - 5:00 pm

Treat yourself and your friends to a heart-opening SABBATH Day of Peace, Joy, Wisdom, Inspiration & Community through:

- ▼ Teachings / Q&A
- ▼ Journal-writing
- ▼ Silence & Music
- ▼ Sharing & Discussion
- ▼ Sitting meditation
- ▼ Walking meditation
- ▼ Eating meditation
- ▼ Mindful movement

Beginner-Friendly

open to people of all faiths, ethnicities, orientations and levels of experience

\$50-\$70 suggested donation (*includes lunch*)
(\$30-\$50 scholarship rate)

Location:

Unity Church in Grapevine

1650 Hughes Rd.

(near Highway 121 & Glade Rd.)

Grapevine, TX 76051

817-488-1008

Please register by September 21, 2009, at:

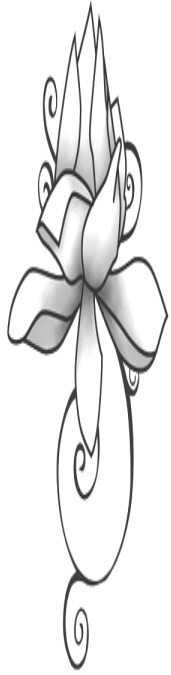
WWW.AWAKENINGHEART.ORG



9.09.09

“ABUNDANCE”

Renewal Ritual Celebration!



Attract & Manifest Happiness,
Prosperity & Success in Your Life,
HERE & NOW!



*Featuring music, dance, meditation, taiko drums,
candlelight affirmations, visual art, and powerful messages
by Brother ChiSing, Rev. Lee Wolak, Amy "MoonLady" Martin, etc. . . .*

WEDNESDAY, SEPTEMBER 9, 2009

7:09 - 9:09 PM (arrive at 6:59 PM)

\$9 - \$99 + suggested donation

Facilitated by Ritual Artist **Brother ChiSing, M.Div., M.A.**
(an ordained disciple of Zen Master Thich Nhat Hanh)

UNITY CHURCH OF DALLAS

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Dallas, TX 75230

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